# THE GARDEN CAFÉ

# Lunch

11.45am to 3.30pm | Last orders | 3.30pm

Our chefs create delicious seasonal dishes using fresh local ingredients on a regularly changing basis.

# The Garden Café Burger (GF) (Beef or Minted Lamb)

£8.50

A locally sourced 6oz burger, topped with a tomato relish, lettuce & tomato in a brioche bun and served with our signature chips and crispy onion rings (D, So,W,S,M)

+ Add a Hash brown to your burger for £1 each + Upgrade to curly fries for only 99p. Gluten free buns available.

# Vegan Mediterranean Pasta (Ve)

£7.95

Homemade tomato passata with red and yellow peppers, red onions, spinach, sweetcorn, courgettes and sundried tomato mixed with Farfalle pasta bows (w)

+ Not a Vegan - add a pan fried chicken breast for £3.50

### Coconut Battered Cod & Chips

£7.50

A spin on the classic – homemade coconut batter coated fresh cod fillet, served with our signature chips and tartar sauce (F,W,E,M) (using sustainable fish) (N.B. fish may contain small bones).

# Homemade BBQ Chicken Wings (GF)

£8.25

Fresh chicken wings marinated with our secret Smokey bourbon BBQ sauce, served with our signature chips and a dressed side salad. (M)

+ Upgrade to curly fries for only 99p

# Homemade Vegan Curry (Ve & GF)

£7.80

Homemade sweet potato, chick pea and spinach curry served with white rice and a crisp poppadum (so)

Currywurst (GF) £7.80

German seasoned gluten free sausage cut into bitesize pieces, served in a tomato curry sauce with buttered mashed potato (C,D)

#### Oven-Baked Jacket Potato (V & GF)

£6.20

Served with one choice of filling, butter (D) or vegan spread and a mixed side salad Choose from:

- o Cheddar cheese (D, V)
- o Heinz Baked Beans (v)
- o Tuna mayonnaise (E, F)
  - + Add extra fillings for £1.25 each

# And don't forget, new for 2020 we now offer our amazing Freshly Filled and Grilled Flatbreads!

See our Sandwich menu for details of these delicious hot snacks

#### SIDES + SNACKS

Mixed Side Salad (V & GF)	£2.45
Stockwood Signature Chips (V & GF)	£2.45
Mac & Cheese Bites ( <b>V</b> , D,W,M)	£3.80
Arancini Bites ( <b>V</b> ,w,M)	£3.80

# THE GARDEN CAFÉ

# Fresh Homemade Sandwiches & Flatbreads

Here at the Garden Cafe we produce gourmet sandwiches freshly every day on our locally baked fresh sour-dough bread. Our sourdough has no added sugar, fat or preservatives and is baked daily by Prudens of Markyate.

#### Choose from:

- o Smoked ham with mature Cheddar cheese and salad (W,D)
- Homemade tuna mayonnaise with cucumber(W,F,D,E)
- o Mature Cheddar cheese with red onion marmalade (W,D)
- o Sliced avocado with homemade red pepper hummus and sliced tomato (W,C,M,SS)
- Homemade Woburn Black bacon and free-range chicken with Stokes Real Mayonnaise (W,D,S)

Takeaway £3.50
Eat in (served with Salted Kettle crisps & a dressed side salad) £4.00

**NEW FOR 2020...** 

# Freshly Filled and Grilled Flatbreads (W)

£4.80

Served with your choice of filling and a salad garnish Choose from:

- o Cheese & Ham (D)
- o Cheese & Sundried Tomato (D) (Vegan Cheese available)
- o Brie & Bacon (D,S)
- Tuna Melt (D,E,F)
- + Add extra Gammon ham for £1.25 and/or sliced fresh tomato or onion for 65p
- + Add our signature chips to your flatbread for £1.75. Gluten free flatbreads available please ask your server.

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### **ALLERGEN INFORMATION**

We aim to provide a high quality, wide-ranging menu for all dietary requirements, so please do let your server know if you have any questions or concerns and we will be happy to help.

(V) = Veggie friendly (Ve) = Vegan friendly (GF) Gluten Free

Dishes marked with the following symbols contain or may contain:

(D) = Dairy (W) = Wheat/Gluten (E) = Egg (S) = Sulphites (F) = Fish (M) = Mustard (C) = Celery (P) = Peanuts (SS) = Sesame Seeds (L) = Lupin

(Mo) = Molluscs (Cr) = Crustaceans (N) = Nuts (So) = Soya

N. B. We don't include nuts in any of our dishes at The Garden Café, but we cannot guarantee that our food is nut or peanut free as it is produced in a kitchen which handles processed nuts.



Avoid the queues! Search, download and order from the Garden Café app:



# THE GARDEN CAFÉ

# For Your Little Gardeners

All Little Gardeners meals include a labelled juice carton (orange, apple or tropical) or canned still or sparkling water

## Vegan Mediterranean Pasta (VE)

£5.65

Homemade tomato passata with red and yellow peppers, red onions, spinach, sweetcorn, courgettes and sundried tomato mixed with farfalle pasta bows (smaller portion) (Ve)

#### **Jumbo Fish Finger and Chips**

£5.65

A firm favourite with the kids, a battered Pollock fish finger served with our signature chips and a dressed side salad (N.B. fish may contain small bones). (Using sustainable fish) (F,W,M,D)

## **Southern Fried Chicken Goujons**

£5.45

Hand cut chicken breast in a crispy southern fried coating served with our signature chips and a dressed side (C,M,W)

# Gluten Free Vegan Chia Nuggets (GF & VE)

£5.45

Rice protein and chia nuggets rolled in a light gluten free crumb served with our signature chips and a side salad (S,M)

# Half Jacket Potato (GF & V)

£4.95

Served with one choice of filling, butter (D) or vegan spread and a mixed side salad Choose from:

- o Cheddar cheese (D, V)
- Heinz Baked Beans (V)
- o Tuna mayonnaise (D, E, F)
- + Add extra fillings for 85p each

#### The Discovery Box

£5.25

Our delicious Discovery Boxes include your child's choice of sandwich (w,D) from: Ham | Cheddar cheese (D) | Tuna mayonnaise (F, E) | Strawberry jam (low sugar)

- + a biscuit
- + a bag of raisins
- + a bag of Quavers or Pom Bears
- + a labelled juice carton (orange, apple or tropical) or canned still or sparkling water