

# THE GARDEN CAFÉ

## Lunch

11.45am to 3.30pm | Last orders | 3.30pm

Our chefs create delicious seasonal dishes using fresh local ingredients on a regularly changing basis.

**The Garden Café Burger (GF) (Beef or Minted Lamb)** £8.50

A locally sourced 6oz burger, topped with a tomato relish, lettuce & tomato in a brioche bun and served with our signature chips and crispy onion rings (D, So,W,S,M)

+ Add a Hash brown to your burger for £1 each + Upgrade to curly fries for only 99p. Gluten free buns available.

**Vegan Mediterranean Pasta (Ve)** £7.95

Homemade tomato passata with red and yellow peppers, red onions, spinach, sweetcorn, courgettes and sundried tomato mixed with Farfalle pasta bows (W)

+ Not a Vegan – add a pan fried chicken breast for £3.50

**Coconut Battered Cod & Chips** £7.50

A spin on the classic – homemade coconut batter coated fresh cod fillet, served with our signature chips and tartar sauce (F,W,E,M) (using sustainable fish) (N.B. fish may contain small bones).

**Homemade BBQ Chicken Wings (GF)** £8.25

Fresh chicken wings marinated with our secret Smokey bourbon BBQ sauce, served with our signature chips and a dressed side salad. (M)

+ Upgrade to curly fries for only 99p

**Homemade Vegan Curry (Ve & GF)** £7.80

Homemade sweet potato, chick pea and spinach curry served with white rice and a crisp poppadum (So)

**Currywurst (GF)** £7.80

German seasoned gluten free sausage cut into bitesize pieces, served in a tomato curry sauce with buttered mashed potato (C,D)

**Oven-Baked Jacket Potato (V & GF)** £6.20

Served with one choice of filling, butter (D) or vegan spread and a mixed side salad

Choose from:

- o Cheddar cheese (D, V)
- o Heinz Baked Beans (V)
- o Tuna mayonnaise (E, F)

+ Add extra fillings for £1.25 each

**SIDES + SNACKS**

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Mixed Side Salad ( <b>V&amp; GF</b> )	£2.45
Stockwood Signature Chips ( <b>V &amp; GF</b> )	£2.45
Mac & Cheese Bites ( <b>V,W,M</b> )	£3.80
Arancini Bites ( <b>V,W,M</b> )	£3.80

THE GARDEN CAFÉ | LUNCH  
£4.80

**Freshly Filled and Grilled Flatbreads (W)**

Served with your choice of filling and a salad garnish

Choose from:

- Cheese & Ham (D)
- Cheese & Sundried Tomato (Vegan Cheese available) (D)
- Brie & Bacon (D,S)
- Tuna Melt (D,E,F)

+ Add extra Gammon ham (D, F) for £1.25 and/or sliced fresh tomato or onion for 65p

+ Add our signature chips to your flatbread for £1.75. Gluten free flatbreads available please ask your server.

## For Your Little Gardeners

All Little Gardeners meals include a labelled juice carton (orange, apple or tropical) or canned still or sparkling water

**Vegan Mediterranean Pasta (VE)** £5.65

Homemade tomato passata with red and yellow peppers, red onions, spinach, sweetcorn, courgettes and sundried tomato mixed with Farfalle pasta bows (smaller portion) (Ve)

**Jumbo Fish Finger and Chips** £5.65

A firm favourite with the kids, a battered Pollock fish finger served with our signature chips and a dressed side salad (N.B. fish may contain small bones). (Using sustainable fish) (F,W,M,D)

**Southern Fried Chicken Goujons** £5.45

Hand cut chicken breast in a crispy southern fried coating served with our signature chips and a dressed side (C,M,W)

**Gluten Free Vegan Chia Nuggets (GF & VE)** £5.45

Rice protein and chia nuggets rolled in a light gluten free crumb served with our signature chips and a side salad (S,M)

**Half Jacket Potato (GF & V)** £4.95

Served with one choice of filling, butter (D) or vegan spread and a mixed side salad

Choose from:

- Cheddar cheese (D, V)
- Heinz Baked Beans (V)
- Tuna mayonnaise (D, E, F)

+ Add extra fillings for 85p each

**The Discovery Box** £5.25

our delicious Discovery Boxes include your child's choice of sandwich (W,D) from:

Ham | Cheddar cheese (D) | Tuna mayonnaise (F, E) | Strawberry Jam (low sugar)

- + a biscuit
- + a bag of raisins
- + a bag of Quavers or Pom Bears
- + a labelled juice carton (orange, apple or tropical) or canned still or sparkling water

# THE GARDEN CAFÉ

## Fresh Homemade Sandwiches

Here at the Garden Cafe we produce gourmet sandwiches freshly every day on our locally baked fresh sour-dough bread. Our sourdough has no added sugar, fat or preservatives and is baked daily by Prudens of Markyate.

Choose from:

- o Smoked ham with mature Cheddar cheese and salad (W,D)
- o Homemade tuna mayonnaise with cucumber (W,F,D,E)
- o Mature Cheddar cheese with red onion marmalade (W,D)
- o Sliced avocado with homemade red pepper hummus and sliced tomato (W,C,M,SS)
- o Homemade Woburn Black bacon and free-range chicken with Stokes Real Mayonnaise (W,D,S)

Takeaway £3.50

Eat in (served with Salted Kettle crisps & a dressed side salad) £4.00

**Freshly Filled and Grilled Flatbreads (W)** £4.80

*Served with your choice of filling and a salad garnish*

Choose from:

- o Cheese & Ham (D)
- o Cheese & Sundried Tomato (D) (Vegan Cheese available)
- o Brie & Bacon (D,S)
- o Tuna Melt (D,E,F)

+ Add extra Gammon ham for £1.25 and/or sliced fresh tomato or onion for 65p

+ Add our signature chips to your flatbread for £1.75. *Gluten free flatbreads available please ask your server.*

## ALLERGEN INFORMATION

*We aim to provide a high quality, wide-ranging menu for all dietary requirements, so please do let your server know if you have any questions or concerns and we will be happy to help.*

**(V)** = Veggie friendly

**(Ve)** = Vegan friendly

**(GF)** Gluten Free

Dishes marked with the following symbols contain or may contain:

(D) = Dairy

(W) = Wheat/Gluten

(E) = Egg

(S) = Sulphites

(F) = Fish

(M) = Mustard      (C) = Celery      (P) = Peanuts    (SS) = Sesame Seeds    (L) = Lupin  
(Mo) = Molluscs    (Cr) = Crustaceans    (N) = Nuts      (So) = Soya

*N. B. We don't include nuts in any of our dishes at The Garden Café, but we cannot guarantee that our food is nut or peanut free as it is produced in a kitchen which handles processed nuts*



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