



## Session summary:

The session focuses on Roman medicines. It starts by considering some of the pests and diseases Romans would have dealt with e.g. head lice and bedbugs. Children are then challenged through three activities to prescribe the correct herbal medicine for a patient, mix an insect repellent from dried herbs and olive oil and to make a votive offering out of clay. The whole session considers how Roman doctors treated their patients and called upon their belief in the gods to help cure.



## Learning objectives:

- Recall some of the pests and diseases people suffered with during the Roman period.
- Compare how the Romans treated such pests with how we would treat them today.
- Consider the importance of religion in the understanding of illnesses and medicine.
- Make a simple herbal insect repellent.
- Make a votive offering to take back to school.

## Curriculum links-

### History-

- The Roman Empire and its impact on Britain

### English - Spoken language-

- Listen and respond appropriately to adults and their peers
- Articulate and justify answers

- Speak audibly and fluently.

### SMSC-

- Spiritual - sense of enjoyment in learning
- Social - participate in a variety of social settings
- Cultural - appreciate cultural influences that shaped their own heritage

## Learning outcomes:

At the end of this session children will be able to:

- Recall some of the pests and diseases Romans suffered with and how doctors use herbal remedies as cures.
- They will be able to draw comparisons between Roman and modern treatments.
- Children will have also started to consider how important religion was in some Roman treatments.





THE  
CULTURE  
TRUST

# Romans- Don't Let The Bed Bugs Bite

KS2

Venue: Stockwood Discovery Centre (75 minutes)

**Additional information:** This session uses herbs, olive oil and air-drying clay.

It is useful to know if any members of your class have learning, physical or sensory difficulties or illnesses that may affect their enjoyment of the session.

## Suggested activities:

### Before the visit

It is useful for the children to know a little about daily Roman life including housing and the importance of bathing.

### After the visit

Can your children find out any information about Roman gods or goddesses connected with health and medicine?

### Useful resources

BBC Primary History website: [www.bbc.co.uk/schools/primaryhistory/romans/](http://www.bbc.co.uk/schools/primaryhistory/romans/)



To plan a visit, book a session, or for more information please get in touch:

Email: [culture4schools@culturetrust.com](mailto:culture4schools@culturetrust.com)  
Website: [www.culturetrust.com/take-part/learning](http://www.culturetrust.com/take-part/learning)  
Twitter: @Culture4Schools

