

WELCOME TO THE GARDEN CAFÉ

Opening Hours | 10am to 5pm | Seven days a week

Breakfast | 10am to 11.15am | Last orders | 11.15am

Lunch | 11.45 noon to 5pm | Last orders | 4.15pm

OUR FOOD

We serve classic dishes and light bites created using fresh seasonal produce from local suppliers. As much of our food as possible is produced here at Stockwood Discovery Centre by our team of chefs, ensuring your finished dish is of the highest quality.

Throughout the year, we also create delicious daily specials using fresh produce grown here in our own gardens. Our hard-working gardeners pride themselves on growing Victorian heritage vegetables that directly link into the site's history including Golden Sunrise tomatoes, Crystal Lemon cucumbers, Golden Ball turnips and Bedford Fillbasket Brussel sprouts.

In our Dig for Victory WW2 garden, war time favourite varieties of Prizewinner runner beans, Snowball cauliflower and Golden Acre cabbage give an authentic feel and we've even had marrows growing across the top of the Anderson shelter, a practice encouraged by the government in WW2 to help camouflage the shelters from overhead German aircraft.

But we're looking to the future too. We've designed our very own Garden Café app to make ordering your food even simpler and quicker. Just visit the Apple App Store or Google Play Store, search for The Garden Café and get ordering!

OUR SUPPLIERS

We support local growers and producers by buying locally wherever we can. But we don't stop there. We actively seek out suppliers who mirror our values; to be ethical, environmentally-friendly and nutritionally sound.

And we've found some excellent local companies out there. Our meat is supplied by Woburn Country Foods, our bread and rolls are freshly baked by Prudens in Markyate and our milk is from Eggington Dairies in Leighton Buzzard; and we're constantly on the lookout for more.

OUR PLEDGE

We care about our staff, our customers and our environment. That's why we're making changes to what we offer and how we work, so we can create a relaxing, healthy, environmentally-friendly and sustainable offer for everyone. We're committed to reducing our carbon footprint by eliminating packaging and plastics wherever possible, recycling widely, composting as much as we can (even down to our coffee grounds!) and sourcing ethical products such as our plant-based material napkins. Please help us to make our Garden even greener.

The Garden Café and Stockwood Discovery Centre are operated by Luton Culture, an independent arts, culture and heritage charity. And you can rest assured that every pound you spend will be reinvested to help sustain and improve the offer at Stockwood and our other sites.

THE GARDEN CAFÉ

Lunch

11.45am to 5pm | Last orders | 4.15pm

Our chefs create delicious seasonal dishes using fresh local ingredients on a regularly changing basis. Check out our Specials menu for today's offerings.

The Best Bacon Cheese Burger £8.50

A locally sourced 6oz beef burger, topped with Woburn Black bacon, cheddar cheese, mayonnaise, lettuce & tomato in a brioche bun and served with our signature chips and homemade apple slaw (D, W, E, M, S, So, C)

+ Add a free-range fried egg (E) a hash brown to your burger for £1 each

Upgrade to Sweet Potato Fries for only £99p

Halloumi & Red Pepper Hummus Burger (V) £7.95

Fresh grilled halloumi, roasted pepper hummus and homemade tomato salsa served with our signature chips and homemade apple slaw (D, E, M, C, W, So, SS)

+ Add a free-range fried egg (E) a hash brown to your burger for £1 each

Upgrade to Sweet Potato Fries for only £99p

Prawn, Avocado & Watermelon Salad £8.50

Succulent prawns, sliced avocado and watermelon served with cos lettuce, plum tomatoes and cucumber with a zingy lemon dressing to get your taste buds buzzing with pleasure (Cr)

Vegan/Vegetarian? Switch the prawns for seasoned Tofu (So)

Tuscan Macaroni Cheese (V) £7.50

A spin on the classic – spinach and roasted red peppers bound in a creamy homemade cheese sauce with the iconic pasta tubes – served with a mixed salad with honey mustard dressing (W, M, D)

+ Add a freshly cooked Woburn Black bacon for £1.95 (S)

+ Add garlic bread for £1.50 (W, M, So)

Homemade Fishcakes of the Day £8.25

Freshly made in our kitchen using sustainable fish and served with our signature chips, a mixed salad and tartare sauce (D, E, W, M, F)

Ask your server for today's fish option. (N.B. fish may contain small bones).

Upgrade to Sweet Potato Fries for only £99p

Vegan Pasta Salad (Ve) £7.80

Mixed olives, roasted pine nuts, cherry tomatoes, diced cucumber mixed with our vegan pasta and topped with seasoned tofu (W, So, N)

See our Sundaes + Sweet Things menu for our allergens key and information, or just ask your server

THE GARDEN CAFÉ

Fresh Homemade Sandwiches

11.45am to 5pm | Last orders | 4.15pm

Here at the Garden Cafe we produce gourmet sandwiches freshly every day on our locally baked fresh sour-dough bread. Our sourdough has no added sugar, fat or preservatives and is baked daily by Prudens of Markyate.

Choose from:

- Smoked ham with mature Cheddar cheese and salad (W,D,Su)
- Homemade tuna mayonnaise with cucumber(F,D,E)
- Mature Cheddar cheese with red onion marmalade (W,D)
- Sliced avocado with homemade red pepper hummus and sliced tomato (W,C,M,So)
- Homemade Woburn Black bacon and free-range chicken with Stokes Real Mayonnaise (W,D,Su<

Don't forget to keep an eye out for Chef's Special sandwiches!

Takeaway	£3.50
<i>(Wrapped in vegetable based compostable packaging)</i>	
Eat in (served with Pipers Salted Crisps)	£4.00

Avoid the queues! Search, download and order from:



THE GARDEN CAFE APP



THE GARDEN CAFÉ

Light Bites, Sides + Snacks

11.45am to 5pm | Last orders | 4.15pm

LIGHT BITES

Duck & Hoisin Wrap

£6.95

Oven roasted duck in a hoisin sauce with sliced spring onion and cucumber in a fresh flour wrap, served with a mixed salad and honey & mustard dressing (M,W, So)

Add our signature chips to your wrap for £1.75 / Upgrade to Sweet Potato Fries for only £99p

Oven-Baked Jacket Potato (V)

£6.20

Served with one choice of filling, butter (D) or vegan spread and a mixed side salad
Choose from:

- o Cheddar cheese (D, V)
- o Heinz Baked Beans (V)
- o Homemade apple slaw (D, E, V)
- o Tuna mayonnaise (D, E, F)

+ Add extra fillings for £1.25 each

Freshly Grilled + Filled Panini (W)

£4.80

Served with your choice of filling and a salad garnish

Choose from:

- o BBQ chicken melt (D)
- o Brie & Woburn Black bacon (D, S)
- o Pesto & mozzarella (E,N,D)
- o Tuna Melt (D,E,F)
- o Gammon ham & Cheddar cheese (D)
- o Cheddar cheese (D)

+ Add extra Gammon ham (D, F) for £1.25 and/or sliced fresh tomato or onion for 65p

+ Add our signature chips to your panini for £1.75

All Paninis are available as a gluten free option.

SIDES + SNACKS

Homemade Red Pepper Hummus & Flat Bread (W, V, SS) £2.95

Mixed Side Salad (V,) £2.45

Garlic Flat-Bread (W, D, V) £2.45

Cheesy Garlic Flat Bread £2.95

Stockwood Signature Chips (V) £2.45

Cheesy Stockwood Signature Chips (V, D) £3.95

Sweet Potato Fries £3.45

See our Sundaes + Sweet Things menu for our allergens key and information, or just ask your server

THE GARDEN CAFÉ

For Your Little Gardeners

11.45am to 5pm | Last orders | 4.15pm

All Little Gardeners meals include a labelled organic juice carton (orange, apple or tropical) or canned still or sparkling water

The Best Beef Burger

£5.65

A locally sourced 4oz beef burger in a seeded roll, with our signature chips and a salad garnish (D, W, E, M, So, SS)

+ Add Cheddar cheese (D) and/or a side of Heinz Baked Beans for 85p each

Homemade Fishcake of the Day

£5.65

A smaller portion of the adult fishcake served with our signature chips and salad garnish (D, E, W, M, F)

Check the Specials menu for today's flavour. (N.B. fish may contain small bones).

Homemade Macaroni Cheese

£5.45

Our delicious homemade macaroni cheese is a firm favourite with the kids, and is served with a healthy side salad (V, W, C,D)

+ Add a garlic flatbread slice for only £1.20

Half Jacket Potato (V)

£4.95

Served with one choice of filling, butter (D) or vegan spread and a mixed side salad

Choose from:

- Cheddar cheese (D, V)
- Heinz Baked Beans (V)
- Homemade apple slaw (D, E, V)
- Tuna mayonnaise (D, E, F)

+ Add extra fillings for 85p each

The Discovery Box

£5.25

Our delicious Discovery Boxes include your child's choice of sandwich from:

Ham (W, D) | Cheddar cheese (W, D) | Tuna mayonnaise (W, D, E, F) | Strawberry Jam (low sugar) (W, D)

+ a biscuit

+ a bag of raisins

+ a bag of Quavers or Pom Bears

+ a labelled Fairtrade juice carton (orange, apple or tropical) or canned still or sparkling water

See our Sundaes + Sweet Things menu for our allergens key and information, or just ask your server

THE GARDEN CAFÉ

Sundaes + Sweet Things

12 noon to 5pm | Last orders | 4.30pm

SUNDAES

All our deliciously naughty sundaes are made with dairy ice cream (egg free) and topped with whipped cream and a sugar cone wafer.

Black Forest £4.80

Black cherry compote, cubes of chocolate brownie and chocolate sauce (W, D)

Millionaires £4.80

Crushed shortbread, toffee sauce, chocolate fudge pieces and chocolate munchies (W, D)

Eton Mess £4.80

Strawberry coulis with crushed meringue (D)

Simply Sundae Best £4.20

Dairy ice cream drizzled with your choice of raspberry, strawberry, chocolate or toffee sauce (D)

Baileys Banoffee (Over 18's only!) £5.50

Fresh banana with toffee sauce, drizzled with Baileys Irish Cream and topped with chocolate fudge pieces (D)

+ Add Chocolate Munchies (D, W), Skittles or Oreo Biscuits (D, W) to any sundae for 79p each

SWEET THINGS

We always have a range of cakes, biscuits and other delicious treats on offer so check out our goodies at the counter.

ALLERGEN INFORMATION

We aim to provide a high quality, wide-ranging menu for all dietary requirements, so please do let your server know if you have any questions or concerns and we will be happy to help.

(V) = Veggie friendly

(Ve) = Vegan friendly

Dishes marked with the following symbols contain or may contain:

(D) = Dairy

(W) = Wheat/Gluten

(E) = Egg

(S) = Sulphites

(F) = Fish

(M) = Mustard

(C) = Celery

(P) = Peanuts

(SS) = Sesame Seeds

(L) = Lupin

(Mo) = Molluscs

(Cr) = Crustaceans

(N) = Nuts

(So) = Soya

N. B. We don't include nuts in any of our dishes at The Garden Café, but we cannot guarantee that our food is nut or peanut free as it is produced in a kitchen which handles processed nuts

THE GARDEN CAFÉ

Hot + Cold Drinks

GRUMPY MULE COFFEE

Our coffee is organic, Fairtrade and Rainforest Alliance Certified.

Flat White	Medium £2.50
Americano	Medium £2.40 Large £2.80
Latte	Medium £2.70 Large £3.10
Cappuccino	Medium £2.70 Large £3.10
Mocha	Medium £2.90 Large £3.30
Hot Chocolate	Medium £2.80 Large £3.20

Milk options | Semi-skimmed, skimmed and soya milk, coconut milk / almond milk at no extra cost.

All coffee can be served decaffeinated – just ask your server.

EROS TEA COMPANY TEAS

Our teas are both organic and Fairtrade.

English Breakfast	£2.00
Camomile	£2.00
Earl Grey	£2.00
Green Tea	£2.00
Red Berries	£2.00
Lemongrass, Ginger & Citrus Fruit	£2.00
Decaffeinated Tea	£2.00

Milk options | Semi-skimmed, skimmed and soya milk, coconut milk / almond milk at no extra cost.

TAKEAWAY CUPS | WE'RE GOING GREEN

If you'd like to take your coffee away, just bring your own mug for us to fill, buy one of our new branded re-usable sustainable cups for just £1.50, or use a disposable cup for 25p. Help reduce our impact on the environment by avoiding disposable packaging where possible. Thank you.

COLD DRINKS

Britvic J2O	£2.30
Karma Cola (Fairtrade and organic)	£1.80
San Pellegrino cans Orange, Apple + Grapefruit	£1.80
Cawston Press cans Rhubarb, Cloudy Apple, Ginger Beer + Elderflower Lemonade	£1.70
Organic Juice cartons Orange, Apple + Tropical	£1.10
Pepsi	£1.90
Pepsi Max	£1.70
Diet Pepsi	£1.70
Fanta Orange	£1.70
7Up Sugar Free	£1.70
Sparkling or Still Water	£1.40

THE GARDEN CAFÉ

Gin + Tonic

GIN

All prices include a tonic of your choice, and pairing notes are provided for the uninitiated.

- Broker's Gin** | (40%) £4.80
Made in a 200 year old still and quadruple distilled for a crisp, smooth taste
The Stockwood Serve | Pair with Fever-Tree Indian Tonic and garnish with lime & star anise
- Bulldog** | (40%) £4.80
With botanicals including dragon eye, citrus, poppy seed and a handful of juniper berries
The Stockwood Serve | Pair with Fever-Tree Indian Tonic and garnish with fresh sliced orange
- Hendrick's** | (44%) £4.60
Delightfully infused with cucumber and rose petal
The Stockwood Serve | Pair with Fever-Tree Mediterranean Tonic and garnish with cucumber
- Tanqueray 10** | (43%) £4.70
Clear and poignant juniper aromas with a light spice
The Stockwood Serve | Pair with Fever-Tree Indian Tonic and garnish with basil & lime peel
- Warner Edwards' Rhubarb Gin** | (40%) £4.90
Rhubarb juice blends with Harrington Dry Gin to produce a sweet and tangy rhubarb explosion
The Stockwood Serve | Pair with Fever-Tree Indian Tonic and garnish with lemon and raspberries
- Gordon's Premium Pink Gin** | (37.5%) £4.80
The refreshing taste of Gordon's with the natural sweetness of raspberries and strawberries
The Stockwood Serve | Pair with Fever-Tree Tonic Mediterranean and garnish with fresh raspberries and strawberries

FEVER-TREE TONIC

With their carefully selected natural botanicals and perfect carbonation, we prefer to pair all our G+Ts with Fever-Tree Premium Tonic Waters. We even love them on their own as a sophisticated soft drink.

- Premium Indian Tonic Water** £1.70
Uniquely fresh tasting with subtle citrus notes
- Naturally Light Tonic Water** £1.70
An all-natural, low calorie tonic with 58% fewer calories than the Premium variant
- Mediterranean Tonic Water** £1.70
By using rosemary and lemon-thyme from the shores of Provence, Fever-Tree have created a unique tonic with a delicately sweet herbaceous taste
- Lemon Tonic** £1.70
Made using only the finest Sicilian lemons – pair with your gin of choice to give it a supremely fresh citrus touch or enjoy on its own over ice